



Five vehicle break-in at JCC

By Kerry Freel
News Editor

Public Safety is still stumped by the break-ins at the JCC lot in late January.

Between 4 and 6:19 a.m. on January 29, five vehicles were broken into at the Jewish Community Center (JCC) parking lot.

Heidi Cheever, a senior from Keene, New Hampshire, used the JCC lot because of its convenient distance from the Parkridge Townhouses where she lives. She was the first break-in victim to notice her car's condition.

"It is not a very pleasant thing to find at 6:15 a.m. on your way to track practice, but I guess it could have been much worse," Cheever said.

Another Parkridge resident, Cheever's roommate, Kristy Pacelli of Plainville, experienced a break-in first hand also.

"When I woke up Tuesday morning I was headed out for a run and saw a note from my roommate saying that her car had been broken into.

"I felt so bad, and went out to the JCC Lot to see the damage to her car and saw that my car had also been broken into.

"They had pulled out my window, slashed my dashboard, and stole my stereo which I had just had installed 3 weeks ago. So I called my parents, called Public Safety, and called the police."

"There wasn't much anyone could do though, it is Bridgeport, and stereos are stolen all the time," Pacelli said.



photo by Aimie Likens

The JCC parking lot is the site of the recent crimes.

Public Safety has responded to this incident.

"Patrolling times were extended from 6 a.m. until 7 a.m. and officers were told to devote 95% of their time [to the JCC lot]," explained Director of Public Safety, William O'Connell.

"We are trying to deter anything from happening in the first place," O'Connell explained.

O'Connell commented that the main items thieves seem to look for are stereos and compact discs.

A car alarm is the best form of protection for a vehicle according to O'Connell. An alarm, O'Connell explained, is deactivated by a keyless device, the push of a button, by only the owner.

Rosemary Pasquarello, another victim of the January 29 break-ins, invested in an alarm system.

"I spent \$500 on a new stereo and an alarm," Pasquarello said.

Pasquarello has had her car broken into before, "on November 17, in the North Lot, around 1 a.m.," she confirmed.

The more recent incident

caused a lot of damage to her car.

"My lock was broken and my stereo was ripped out. I also found out later that they tried to rip out my back seat, because I have good speakers in the back of my car," Pasquarello said.

Not only was Pasquarello's car vandalized, so was her roommate's.

"Her stereo was ripped out along with all of her heat and defroster controls; and her window was broken," Pasquarello explained.

The mental picture of a brand new car that the thieves targeted is a misconception. Pasquarello's car is an '89 Honda Accord and an '88 Chevy Beretta is owned by her roommate, Mandi Orrok, from Brick, NJ.

"It doesn't take a long time to steal things," O'Connell said.

This is why an alarm would be beneficial according to him. Thieves would be drawing attention to themselves with a noisy alarm.

O'Connell also explained that Sacred Heart is not responsible for anything stolen on school property.

An "Alternative" Spring Break

By Kristy Pacelli
Contributing Writer

On February 28, 16 members of the Sacred Heart University community will be traveling to El Salvador to experience an "Alternative Spring Break."

They will be spending their week off in 90-degree weather, like so many others.

What makes this trip "Alternative"? Instead of lying on beaches, they will be using saws and lugging bricks.

These members of the Sacred Heart University community will be spending their Spring Break helping others.

Sacred Heart University has sent many delegations to Tierra Blanca and the surrounding villages in past years.

This year the delegation will be working on relief efforts for Tierra Blanca and will be staying at a monastery there.

The village suffered a series of earthquakes last year and is still trying to recover from them.

All participants will be living, working, and eating with the local villages for nine days.

The delegation is raising money to aid the village in recovery. All donations will go directly to village and their needs.

None of the money that is raised will be used to cover any cost of the actual trip. All donations can be sent to the Campus Ministry Office.

If anyone has any questions about the trip or donating they can contact Mike Moylan, Director of the Student Union at 365-7663.



photo contributed by Mike Moylan

Students taking part in the El Salvador project.

Etiquette dinner teaches skills for living

By Tina Shushelnycky
Staff Reporter

The Office of Career Development and the Student Union are planning a business etiquette event for Thursday

Feb. 21.

Ann Marie Sabbath, founder of At Ease, Inc. and author of six business etiquette books, will conduct the event, which is open to all undergraduate and graduate students.

The Presenter for the event, Sabbath, is president of At Ease, Inc. a 15-year old Cincinnati

based company specializing in domestic and international business etiquette programs.

Sabbath's etiquette concepts have been recognized in *The Wall Street Journal*, *USA Today* and in *Delta Airline's SKY magazine*.

She has also appeared on the television program "Oprah"

where she discussed how to handle a "wedgie", spitting, tooth-picking, hair combing and nose blowing in public.

USA Today has called Sabbath "the Ms. Manners of the Midwest."

Although the event is open to all SHU students, it is specifically geared towards seniors and

graduate students about to begin interviewing for full-time jobs.

"This helps polish skills you need to enter the workforce," Director of the Student Union Michael Moylan said.

See "Etiquette" on
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JCC Lot experiences five break-ins

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"The University does not assume liability for anything vandalized or stolen on campus, whether it be cars or laptops. This is also stated on the car

decal application," O'Connell said.

The University pays nothing, so Pacelli is alone in her expenses..

"Whoever broke in did \$1300 of damage to my car," Pacelli explained.

The break-in victims were assigned different temporary parking, away from the JCC lot.

"They gave my roommate and I townhouse parking now," Pacelli said.

The student victims have some advice for other students

who have a car on campus.

"Don't leave your radios in your cars!" Pasquarello advises students.

"Don't leave anything interesting to the mind's eye in your car!" warns Orrok.

Pacelli describes her plight,

not as mad at what was stolen, but what the robbery means.

"The worst part isn't even that they broke my car or stole my stereo, it is so awful to be violated like that and know someone was in my car while I was sleeping," Pacelli said.

Etiquette Dinner teaches proper business behavior

Continued from page 1

"It is so important to understand business etiquette not only when you are, or soon will be, out in the working world interacting with co-workers and clients...but [also] when you are nearing your senior year and [about to begin] interviews for full-time jobs and graduate school," Director of Career Development Deanna Fiorentino said.

The evening will begin at 5:00 p.m. in the Schine Auditorium with a presentation by Sabbath on, "Key Ways for Landing that Job."

According to Fiorentino topics for this program will

include "Making a Powerful First Impression, What is Business Casual, Importance of Follow-up, Business Correspondence, Life After the Interview and Staying Motivated Until you Land that Job or Internship."

Directly after the presentation students will attend a "Mocktail" (or cocktail party sans alcohol) reception in the Gallery of Contemporary Art, which, according to Fiorentino, will function as a mixing and mingling practicum during which students can practice what they've learned at the presentation.

Senior Gaetano Marra, Jr. of West Haven said, "Mock-any-thing is the best way for people

to learn...people learn by doing, not merely seeing and studying."

A hands-on business etiquette dinner will follow the reception from 6:30 to 8:00 p.m. in the University Commons.

Topics at the dinner will include Nine Rules of Business Dining, the Six Commandments of Using Napkins and Table Manners' Faux Pas among others, intended to teach students how to handle a formal business dinner.

"It answers all the 'what if' and 'what should I' questions," Moylan said.

"Among other things, dinner will include all the tricky foods like French onion soup, long noodles, peas and salad

with cherry tomatoes," Fiorentino said.

There are 180 spaces available for students wishing to attend. Also invited to the event are 20 employers and other professionals, such as University Board of Trustee members.

According to Fiorentino, students will be charged \$6 per dinner and will be able to use FLIK points to cover the cost.

Career Development, the Student Union and numerous co-sponsors are covering the rest of the cost for the dinners including the speaker fee.

Co-sponsors include SET, the Student Alumni Association, Council of Graduate Students, College of Business and Student Activities, among others.

Fiorentino said "The event will be a fun way for students to learn some very crucial information."

"It is something that would be valuable to everyone, but definitely business students," Senior Amy Zanolungo from Derby said.

This program is new to SHU, yet according to Fiorentino "We've gotten rave reviews from many other schools that have held this program, with this particular speaker, on their campuses. Hopefully student turnout will be great and we'll make it an annual event."

Tickets are available in the Student Life office. Business attire is required for the event.

News Briefs

Naomi Tutu is coming to SHU

On Wednesday, February 13, Naomi Tutu will speak at SHU in the Theatre at 7:30 p.m. The topic of her speech is "Truth and Reconciliation: Healing the Wounds of Racism." The cost is \$5 for non-SHU students and free for SHU students.

Librarian Reception

A reception for the new University librarian, Mr. Dennis Benamati, will be held today from 3-4:30 p.m. in the IMC room on the second floor of the Ryan Matura Library.

Trip to see "Rent"

Tickets are on sale in the Student Life Office to go see "RENT" in New York City on February 9. Tickets are \$40 for SHU students and \$45 for non-SHU. Buses leave SHU at 11a.m. and leave from NYC at 7:30 p.m.

Upcoming Senior Pub Nights

The following Senior Pub Nights have been booked:
February 20-which will include a Pie in the Face contest whose proceeds will help re-build a town in El Salvador, March 20 and April 17.

Senior class meetings

Senior class meetings are Wednesdays at 8:30am in the Student Affairs Conference Room which is located next to the ATM.

Senior video yearbook update

Submit photos for the Senior Video yearbook to Keri Blair in the Student Government Office or at any Pub Night. Make sure your name is on the back of the pictures so you can get them back.
- compiled by Kerry Freely

"Souper" Bowl provides for the needy

By Lucie Davis
News Editorial
Staff Reporter

For another year SHU Circle K strives to keep food pantries stocked. All day Sunday, members of the organization collected cans, clothing and other non-perishable food items to donate to Merton House Food Pantry and St. Charles.

This marks the third year of the program and once again proves Sacred Heart's dedication to helping others.

Circle K is a college branch of Kiwanis International. Last year Circle K was named Club/Organization of the Year at the Campus Life Leadership Awards.

The club strives to do community service in the inner city of Bridgeport and logged over 2,000 hours as an organization last fall.

The idea for Souper Bowl Sunday was brought to the club by Phyllis Machledt, Director of Service Learning and Volunteer Programs, in the Spring of 2000.

Souper Bowl Sunday is a nationwide program where groups collect food and money and the organization with the

highest total in the United States gets their name announced during half time of the Super Bowl.

While Sacred Heart has never reached the fame and glamour of half-time, we have raised enough to feed a small portion of Bridgeport.

"I think it's important for many of us while we party to remember that many people don't have basic food, where food pantries are often bare and it is critically important to remember that," said Machledt.

This year Circle K opened up the event to South and West hall councils who agreed to a co-sponsorship.

Circle K members collected over 400 cans and non perishable items.

Megan Houlihan, treasurer from Saugerties, NY said, "We exceeded last years totals and look forward to increasing our goals in the future."

Nick Battaglia, Vice President of Circle K, is a sophomore from Pelham, New York.

As the main coordinator of this effort he says, "I wanted to get the

freshmen class involved since we primarily collect in south and west halls but was disappointed by there lack of involvement and enthusiasm for the co-sponsorship they agreed to."

A disgruntled Battaglia hopes to improve next years results.

Students seemed impressed by the program and did not hesitate to donate.

Sean Hatch, Sophomore class president from Limestone, NY says, "It's a great play on words."

Should anyone be interested in future Circle K or have an idea for a community service project please e-mail Lucie Davis, President at 0509446@sacredheart.edu or come to a meeting Wednesday 8PM in the Faculty Lounge.



photo by Aimie Likens

Cans were donated for the poor.

Investment game returns to Sacred Heart

By Aimie Likens and
Amy Zanolungo
Copy Editor and
Contributing Writer

On February 11th, SHUSIFE (Sacred Heart University Students In Free Enterprise), and the Finance and Economics Club, will be collaborating to bring the Spring 2002 Investment Game to Sacred Heart.

The Investment Game will allow participating students to experience a simulation of real investing without fronting their own money. The students can test their stock-picking skills in a "buy and hold" strategy, using \$50,000 in virtual money, and choosing between three and six stocks to purchase for the majority of the semester.

The game participants will use the closing prices from February 8 through May 3 to see who had the highest returns on their investments. Prizes are awarded to the students whose investments performed the best at the end of the period, as well as those whose investment performance exceeded that of the S&P 500 Index. (The Standard and Poors 500 is a market-value weighted index of 500 blue-chip stocks, considered to be a benchmark of the overall stock market).

The student whose portfolio has the highest return will win a first prize of \$100. The winners of the Fall 2001 Investment Game included Raymond Mencio, whose portfolio had a return of over 40%, Marty Paquet, whose portfolio had a return of over 32%, and Peter Kuczynski, whose portfolio had a return of over 22%.

The Investment Game is brought to SHU student to show the reality of the ups and downs of the market, and the potential of gains and losses over time. It also provides the students with an opportunity to research different companies and industries, and to review financial information.

This will be SHUSIFE's first run at the Investment Game but members are very excited about their co-sponsorship of the game with the Finance and Economics Club. In the past, the game has been solely run by the Finance and Economics Club. The two groups hope to have an even bigger turnout of participants for this semester's game, and will continue to work together on future projects.

Tracy Liuzzo, a junior from Fairfield, comments that, "SHUSIFE realizes the importance of understanding trading in the free market system, and is excited to be co-sponsoring the Investment Game with the Finance Club. Co-sponsoring

events is a great way for clubs and organizations to team up and help to enrich the SHU community by offering both fun and intellectual activities."

SHUSIFE's faculty advisor, Dr. Bridget Lyons, comments that, "The Investment Challenge is a fun way for students to learn about the risks and rewards of investing in the stock market. Since all students, whether business or non-business majors, will one day have to make investment decisions, it is important to develop an awareness and understanding of the financial markets."

Working for the community is a big part of the reason members enjoy being a part of the organization. "SIFE is a great way to be involved in the community. Events like this help to raise awareness about the free enterprise system, which is our main goal in teaching the SHU community about the business world," explained Daniela Catanese, a junior from Mansfield, MA.

Students who are interested in participating in The Investment Game must complete and submit a form that can be located on the SHUSIFE website. Forms are due by Friday, Feb. 8 and can be submitted via email to amy-zanolungo@sacredheart.edu, or dropped off at Dr. Bridget Lyons' East Hall office 266.

Staff hit with broom handle and verbal warnings in this week's Public Safety Incident Report

January 14, 2002 - 11:49 a.m. - A motor vehicle accident occurred in the South Lot. A staff member backed his vehicle into a student's vehicle.

12:53 p.m. - A motor vehicle accident hit and run occurred in the North Lot. A resident reported her vehicle was hit while it was parked.

8:01 p.m. - A fire occurred in the South Lot. A cardboard box was on fire.

10:14 p.m. - A medical illness occurred at a Parkridge Townhouse. A resident became ill.

January 15 - 2:24 p.m. - A medical injury occurred in West Hall. A staff member was hit in the face with a broom handle when she opened a closet door.

3:01 p.m. - Trespassing occurred in the main academic building. A visitor who is a suspect of a theft on campus, returned to campus. She was escorted off campus and given a verbal warning.

3:15 p.m. - A medical injury occurred in Curtis Hall. A staff member fell down some stairs and injured her back.

January 16 - 1:28 a.m. - A fire alarm sounded in South Hall due to a resident's burning of food.

11:19 a.m. - A medical illness was reported at the Pitt Center. A visitor became ill. 911 was called and transported him to the hospital.

5:30 p.m. - An elevator rescue occurred in South Hall. Residents were stuck in an elevator. The Fairfield Fire Department responded.

10:16 p.m. - A motor vehicle violation was reported at the JCC Lot. A resident entered through the exit.

11:32 p.m. - An alcohol violation was reported at South Hall. Alcohol was found and confiscated. Residential Life staff disposed of the alcohol.

January 17 - 9:29 a.m. - Vandalism was reported in South Hall. A resident reported someone vandalized his room door handle.

11:32 a.m. - Vandalism was reported in West Hall. A resident reported someone vandalized his room door handle.

1:33 p.m. - A medical illness was reported on the campus center road. An athlete became ill. He declined medical assistance.

10:36 p.m. - Vandalism was reported in the Mahogany Room. An officer reported someone vandalized the door.

January 18 - 12:00 a.m. - A drug violation was reported at Park Royal. Drugs were found in an apartment and were confiscated.

1:43 a.m. - Disorderly conduct was reported at Parkridge. A resident was disorderly towards a residential life staff member.

2:31 a.m. - A fire alarm sounded at East Hall. The alarm was caused by burnt food. The Bridgeport Fire Department responded.

7:59 p.m. - An alcohol violation was reported in the South Lot. An officer reported a group of males concealing alcohol. A 30-pack of beer was confiscated.

8:30 p.m. - An alcohol violation was reported outside of the main campus. An officer observed two males carrying a large bag. It revealed alcohol.

9:05 p.m. - An alcohol violation was reported in the East Hall Lobby. An officer observed a resident enter the building through the side exit door carrying a bag. The alcohol was confiscated.

9:08 p.m. - Vandalism was reported in South Hall. A resident reported someone vandalized his room door handle.

11:18 p.m. - Vandalism was reported in East Hall. A resident reported someone vandalized his room door handle.

January 19, 12:45 a.m. - An alcohol violation was reported in South Hall. An officer observed a resident with alcohol. The alcohol was confiscated.

1:47 a.m. - Harassing telephone calls were reported at West Hall. The resident reported to the dispatcher that she received a harassing telephone call.

2:42 a.m. - An alcohol violation was reported at West Hall. An officer noticed a resident carrying a can of beer and all beer was confiscated from a room.

2:51 a.m. - An alcohol violation and medical illness and housing violation were reported at South Hall. An intoxicated female was transferred to the hospital.

3:44 a.m. - An alcohol violation and paraphernalia violation was reported at West Hall. The officer searched a room. Found beer cans and a small end piece of marijuana.

Where students can live

By Kacey Semler
Staff Reporter

It's time for Sacred Heart students to decide where they would like to live during the upcoming school year.

Whether students plan on residing in on-campus dormitories or off-campus apartments, the selection process is necessary.

First and foremost, students are expected to attend one of three housing information sessions organized by the Residential Life staff.

"It's important for students to go to the information sessions because we tell them about the whole housing process," said Allen Machielson, the Associate Director of Residential Life.

The currently scheduled dates for these info-sessions are

February 26, at 10:15 a.m.; February 28 at 6:00 p.m.; and March 12 at 3:00 p.m. All of these meetings will be held in the Mahogany Room.

Cindy Zagorski, a sophomore from Long Island, N.Y., said, "I think the housing sessions are a great idea and very necessary, because there has been housing problems in the past."

"Although, I haven't really decided yet, I wouldn't mind living in a dorm again. I'd rather live on campus then find a place to live outside of it," she added.

Machielson has informed students that the current housing locations will all be offered for next year, along with additional apartments in Park Royal.

"I'm guessing I will live in either Parkridge or Taft," said Carlos Gutierrez, a sophomore from Port Chester, N.Y.

"I think the housing should

be clean, have the same things we have available to us as here in East Hall, like the Internet and a study lounge, and almost the same security, but not a big presence."

Residential Life reminds students that a non-refundable housing deposit of \$300 is due on March 13, to the Student Accounts office. If this deposit is not made, then students will not be able to participate in the housing selection process. Other significant dates include the week of April 8 through April 12, when the actual selection process will commence.

"This year we sent out a letter to all parents and commuters, reminding them about the housing deposit, so hopefully students won't forget. We're trying to hit every corner," explained Machielson.

Did You Know?

February 2 is the holiday known as Groundhog Day. Every year, groundhogs come out from their dwellings and if they see their shadows, there will be 6 more weeks of winter. If they do not see their shadows, there will be an early spring. This year, the Groundhogs did see their shadows, so there are 6 more weeks of cold weather, and possibly snow, on the way. - compiled by Kerry Freel, News Editor

Editorials

Words of wisdom for Seniors

Seniors,

We are at strange times at the crossroads. In the coming months, our lives as we know them will take dramatic turns. Some will continue on a path towards irrefutable distinction, while others still will fall by the wayside, never realizing their true potential. We are on the verge of immortality, and all have the talent and aptitude to achieve greatness.

However, there are enemies in our midst, which are perpetually imminent. These enemies are procrastination and apathy. These two adversaries are thieves of the soul. They rob us of our pride and dignity. Seniors, the nation needs your help and your talent to be victorious. We have won many battles, but the war is far from over.

What will you do Seniors? Will you allow your lives to fall to the standard of mediocrity?

Or would you rather raise the courage in yourselves to cement the glory of your achievements in the history of our university, and in the honor of your names? The world is watching you. We have faith in your abilities. Let us rise to overcome our foes and set a new standard of excellence. The task is in your hands. We hope to see you all on the other side of greatness as we all enter a new and promising chapter in our lives.

Heed not the words of William Butler Yeats; "The ceremony of innocence is drowned; the best lack all convictions, while the worst are full of passionate intensity." In all of your endeavors, hold strong to your convictions and create for yourself a life that is filled with passion and fervor.

By Jennifer Simeonidis,
Assistant Editor and staff writer
Rebecca Williams



Photo by Megan Flood

Seniors and Spectrum staff writers, Jennifer Simeonidis and Rebecca Williams prepare to take the world by storm in May.

What do you have to say about the school?

Give us your thoughts on Sacred Heart.

Let your voice be heard!

Editorial Policy

The editorial pages are an open forum. Letters to the editor are encouraged. All submissions are subject to editing for spelling, punctuation, grammar, clarity and length. The Spectrum does not assume copyright for any material.

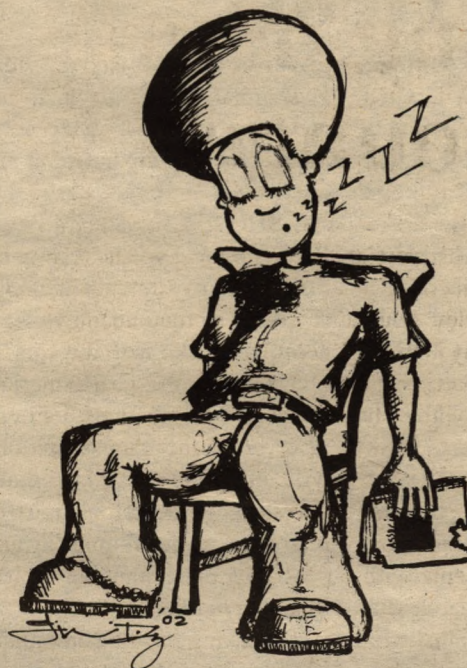
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Chillin AT SHU

by GIOVANNI DIAZ



INSTEAD OF PUTTING
ME TO SLEEP WITH
UR BITCHIN' ABOUT
WHAT I DO...

WHY DON'T U GET
OFF UR AZZ & DO
SOMETHING ABOUT IT!

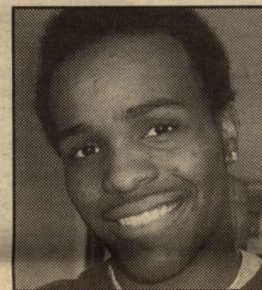
The SHU Voices

-Compiled by Ryan Greenfeld

What are you giving up for Lent?



Beth Casson
Newtown
Sophomore
"Probably nothing."



"Pretty" Paul Herman
Bronx, NY
Sophomore
"My old ways-cause
thier not going to get
me anywhere."



Naira Aspiri
Junior
Basque Country,
Spain
"Cookies-but I don't
know if I'll be able to
make it."

The Spectrum

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Please submit your letters to the Spectrum office on Mondays between the hours of 10 a.m. and 6 p.m. or slip them under the office door. Letters must be typewritten and signed and may be edited. Please indicate title or class and telephone number.

What's going on in Hawley Lounge?

By Michelle Barretta
Contributing Writer

Over the past four years I have watched Sacred Heart University grow and change, and as a member of Student Government I have been a part of some of these changes.

Last semester the Student Government Executive Board made another attempt at change here at Sacred Heart. After planning a campus-wide clean-up day, at the request of Dr. Cerna and other members of cabinet, the Executive Board decided that Hawley Lounge was in need of a face lift. Hawley Lounge serves as a student hang-out and is also a stop on campus tours. After several years of use it was in need of some paint, a new carpet and even some new furniture.

The only problem now was how to pay for the remodeling. Phone calls were made and emails exchanged and everything seemed to be in place. The paint and labor was donated by a University worker and Mr. James Barquienoro, Vice President of Student Enrollment

and Planning, graciously donated \$5,000 to the project.

So why is Hawley Lounge half carpeted and why is the furniture still falling apart? That's easy- because now with a half completed room Mr. Barquienoro will no longer be donating the money he promised to the Executive Board. Unkept promises seem to be a growing theme here at Sacred Heart. The cabinet had promised to be at clean-up day and no one came. They also promised to give us money for this remodel-

ing project and now there is no money.

To sum up, thank you to the cabinet and especially to Mr. Barquienoro for all your help this past semester and especially for reaffirming for the students what they already knew! And your welcome for planning and initiating your requested clean-up day, planning the victory party for the football team and listening and trying to help students with their problems and concerns here at SHU. As a student that is obviously my job!

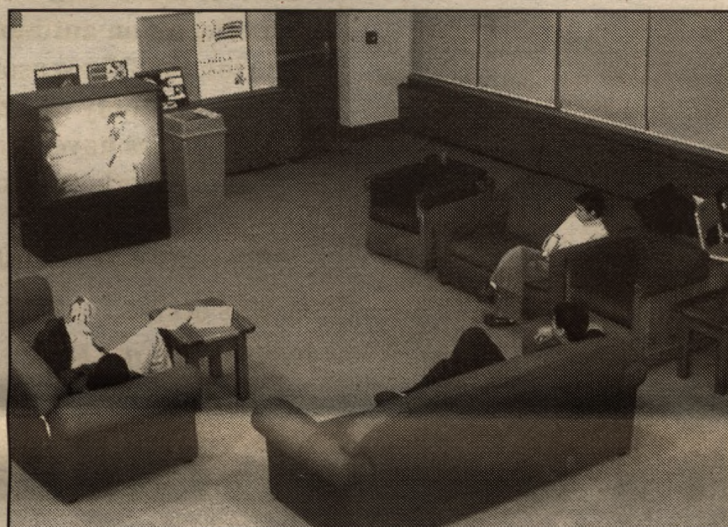


Photo by Amy Likens

When will things be finished in Hawley Lounge?

How Rude!

By Megan Flood
Editor-in-Chief

Well the students at this fine institution have failed to surprise me once again. The constant lack of respect for authority figures is unbelievable.

When a teacher has to put in their syllabus that students who talk during class will be "asked to leave the room" or "no eating allowed", it kind of makes you wonder if we are in pre-school. But I can't blame them. The majority of the students in this bubble we call home have not matured beyond junior high school.

Is it their upbringing, or is just the lack of brain cells lost

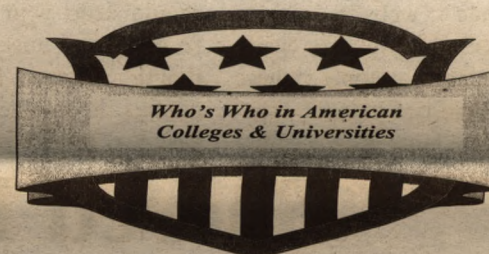
from constant nights of binge drinking? At some point in your life you have to grow up and leave Sacred Heart and I'm sure that your boss or supervisor won't think that high school antics are as funny as you think they are.

So my suggestion is that for all of you out there that this applies to, take college as the opportunity to grow up. Follow some simple rules, like don't talk when someone else is talking, or be disrespectful to those in authority positions.

When you go out into the "real world" remember the Golden Rule and treat others as you want to be treated, and life will be better for all of us.

Attention Class of '02 & '03

Now is your chance to apply for



Applications Available in
the Student Life Office

Qualifications:
Minimum 2.75 GPA
must be Junior/Senior status
involved in Student Life & Community Service

Deadline: Monday, February 18, 2002

Application, Resume and

Letter of Recommendation required



Say "I Love You" to
your sweetheart,
friend or that
special someone!



For \$10 you can submit a photo or design and a message
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Features

How to Survive Flu Season

By Elaine McCauley
Staff Writer

Chances are, if you are not sick, then at least one of your roommates is. This is most likely true because right now is considered the height of that horrible yearly phenomenon known as flu season, which stretches from November through March.

Each winter students and adults alike find themselves experiencing similar symptoms, such as a sore throat, runny nose, slight cough, and body aches. If these symptoms add up to nothing more than a common cold, than luckily you are getting off easy. However, many will develop the much more serious influenza (the "flu") that usually begins with a high fever and a dry cough.

According to the Kaiser Permanente's website, viruses that cause the flu are easily spread among people where they are confined indoors, especially where large groups gather

together. So basically, a university's campus is the perfect breeding ground for influenza to spread easily and rapidly.

Fortunately, there are tips to survive the flu season, without being confined to your bed for a number of days straight. First and foremost, it is very important to wash your hands with soap and water as much as possible. This act will disrupt the viruses and bacteria and reduces their ability to reproduce. Junior Maria Hendrickson from Boonville, New York says, "I wash my hands many times throughout the day, especially in the winter, because it will hopefully prevent me from being one of the many who will end up catching the flu."

In addition, it is obviously smart to cover your mouth when you cough or sneeze since one way bacteria is spread is by airborne particles. Also, you should keep your hands away from your nose, eyes and mouth, because hand-to-hand contact is another quick and easy way to pass germs along.

Erica Lucas, a senior nursing major from East Windsor advises, "I think eating a well balanced diet and getting enough sleep are two great ways to survive the flu season. By eating correctly and sleeping adequately your body will build up natural resistance to illness."

Finally, it is very important to drink as many fluids as possible during the day. Sophomore Michael Burns from East Providence, Rhode Island said, "My father always told me that drinking water and orange juice everyday will help keep me healthy. That has seemed to work for me very well so far this winter."

Constantly adding fluids to your body not only prevents dehydration, but also flushes your system out of any flu-causing bacteria.

In general, if you are experiencing fever greater than 101 degrees fahrenheit, a cough that lasts longer than two weeks, shortness of breath, very severe headache, difficulty swallowing, or vomiting or diarrhea last-

ing more than 12 hours, than you should seek professional medical attention. Otherwise, if you just follow these few easy

tips, you will be on your way to a healthy, flu-free spring semester here at Sacred Heart University.

Facts from ZymeTX, Inc.

- Influenza infects over 30 million people in the U.S. each year - that's 10-20% of the U.S. population.
- Over 150,000 people are hospitalized annually in the U.S. with complications from flu.
- Influenza and its complications are the sixth leading cause of death in the U.S., killing 20,000-40,000 people a year.
- 60% of those with influenza are mis-diagnosed and begun on antibiotics.
- During the "flu season," emergency room wait-time commonly exceeds four hours and "true" emergencies have to be sent to other ER's.
- Business productivity drastically drops due to flu sick time.
- Total costs exceed \$10,000,000,000 in the U.S.

All this occurs in the 4 month "influenza season."

That's "Just the Flu!"

Sacred Heart's Oldest Graduate



Photo By Christina Tantillo

By Christina Tantillo
Features Editor

Three years ago the Spectrum ran an article about a very inspiring individual. Her name is Sally Norman and she will be graduating this May with a bachelor's degree in Psychology.

As a mother with two sons

and a daughter, she may not seem that unique from other part time students. Perhaps the fact that she is a grandmother makes her more noteworthy. Norman is 80-years old.

"I thought I was too old to go to school," she explained, "[One day] I saw a poster on the wall that said, 'Reading will keep your brain from rotting.' [It was] a gift from God."

She began school at Sacred

Heart in 1993 and

graduated in 1998 with an Associates Degree in Psychology.

She took one course each semester and enrolled in an intensive course during the summer taking AHEAD courses whenever possible.

She attributes her love and motivation to her mother, "My mother really believed in education and was my influence. She told me to go to school because she didn't have the

opportunity."

Her sister also supported her decision telling her that, "It's and honor to the family."

"My children and grandchildren are proud of me and cannot wait to see me graduate," she added.

Though she receives much support from her family, Norman could never have done this without God.

"People always ask me how I did it and my response is simply G-O-D," she said, "I have had a lot of experiences, but I believe God comes in images and he saved my life."

Her life experience is the reason that she decided to pursue psychology.

In fact, Norman continues to expand those experiences by being an active member of the community.

She has worked for 10 years at Cambridge Manor Nursing Home. She also fights hard for pro-life issues working with Pro-Life of Fairfield to council girls who are pregnant and considering abortion. "I am very much against abortion."

She brought three girls to Birth-Right, an organization that cares for pregnant women who can not care for themselves. She even lobbies congressmen on pro-life issues.

With all that she has contributed to Sacred Heart and to the community at large, Norman has managed to remain modest giving merit where she feels it is due.

"I never take credit for the things I've done. I give God credit for everything... for giving my brain the power to go."

Sally is also very thankful to

Ed Donato, the Associate Dean of University College and her advisor.

Donato believes that Sally chose to pursue psychology because "it was a major that allows her to look back on her life and see what the scholars

"I thought I was too old to go to school. [Then I realized that] reading will keep your brain from rotting!"

have to say about it."

He describes Norman as hardworking and inquisitive.

"When you go back to school that takes a lot of drive to do that. She has to be persistent."

"She's a voracious reader. She probably has half the text read before the class even starts," he adds.

"Sally has a lot of energy for her age," Donato said, "That is remarkable and inspirational."

Indeed Norman is an inspiration to us all and the Spectrum wish her much luck in her future endeavors.

Black History: American History

By Romy Sarrazin
Staff Writer

February, the shortest month of the year is often associated with cold, winter, hearts, presidents, and love. But there is one more thing, February is black history month.

The celebration of black history originally was "Negro History week" back in 1926. Carter G. Woodson, the father of Black History Month worked as a high school teacher and was sad to discover that none of the schools taught the history of Black Americans. He started the Association for the Study of Negro Life and History to study the important things Black people had accomplished and on February 19, 1926, Woodson established "Negro History Week." This was the beginning of black history month, a month long celebration of the struggles and contributions of black Americans.

"I think [black history month] is great because it gives students from all different backgrounds a more in-depth view of



Sojourner Truth and Hank Aaron were two great Black Americans that we remember during Black History Month.

the African American culture," commented Vanessa Torres, a junior from Bridgeport, "being Hispanic, I can always use more knowledge African-Americans, and its interesting to learn of the struggles of black [people] in America."

Torres also criticizes Sacred Heart's lack of enthusiasm over this important month. "I would say Sacred Heart just doesn't do enough promoting of the events to get [Black History Month] out to the Sacred Heart community if they did their would be a greater turn out at the events."

However other students see the month as a more celebratory event.

"Black history month is a positive occasion in society and is very important. We should honor everyone that contributes to the growth and wealth of America," stated Senior, Magdalena Grabala from Trumbull.

Black history month around the country and here at Sacred Heart is a time when professors, students, and people from all backgrounds take the opportunity to highlight the accomplish-

ments of African-Americans.

This month the Multicultural Club has lined up several activities to promote Black History month. On February 12 at 8 PM in the Mahogany room there will be a discussion on how we can find strength in our diversity all are welcome to participate.

On February 13, Student Activities and Coca-Cola will be sponsoring a speaking engagement with Naomi Tutu, the daughter of Desmond Tutu, a Nobel Peace Prize winner. Naomi Tutu will discuss measures that may heal the wounds of racism in the University Theatre.

Those wishing to broaden their diversity in literature may wish to read Cane River by Lalita Tademy and participate in a book discussion in the Pitt Center on February 19. Also on February 19 at 7 PM, UMOJA will be sponsoring Shades of Poetry. This is your opportunity to share your poetry or come and enjoy that of other students.

To experience a taste of Africa you may travel only as far as the Mahogany Room for the Ghanaian Coffeehouse on February 20 sponsored by Campus Ministry. February 20 Keith Clinkscales the Chairman and CEO of Vanguard Media will be speaking in the

mahogany room at 6 PM of corporate strategies and insight.

Even if February is a really busy month for you, there are still activities toward the end that can help you to celebrate Black History. On February 22-23, Campus Ministry will be sponsoring yet another black history month event, the 30-hour famine.

This is an annual event and it is coordinated through World Vision International, and students can sign up to fast for 30 hours and raise money for people starving in Peru and Tanzania. These are some of the many events that have been put together to celebrate Black history month here at Sacred Heart.

"I thought the opening ceremonies were interesting, and I plan on attending the lecture on healing the wounds of racism with Naomi Tutu," Junior Jael Simon from Bridgeport announced.

Black history month is a time of reflection and appreciation. Black history tells Americans our story, the stories, the American history of Rosa Parks, Fredrick Douglas, and Martin Luther King among others. Get involved and celebrate the struggles and accomplishments of our people, the people of America.

the shadow

by Justin Liberman

The flier said that the show started at Eight
I walked in at 7: forty five and took a table in
the dark corner to hide from today
The smell of wasted hours and wasted dreams
stunk up the place
A bar... a devils layer
The place was crawling with people with fine
manufactured hair and errorless outfits
The girl in the red dress... alone
She was as if she was put in the equation just to
distract me
The waiter came up to me to find out what my
sin were
He returned in just 78 seconds with my short
glass of freedom
Thanks Jack.
The stage was delicately placed in the middle
of the ruins
Tables filled with tasteless faces awaiting their
salvation
Or perhaps mine
At any-rate
The man pressed his feet upon the stage and
took his seat in the light
So bright yet a shadow cast upon his sweaty
face
He grasped his shiny soul in his hands and he
let out a toot
That girl in the red dress was still sitting there
alone
The man licked his lips and filled the air with
edible notes
The Charlie Parker inside of him was coming
out
He tooted and jazzed up the night
The people began to bop, they began to sweat
Their manufactured hair was collapsing
They moved to the beat as if their bodies were
programmed to the sound
The girl in the red dress...
The man blew hard into the savior
The notes began to come by me now
I began to beat myself up with happiness
I gazed up to the man to see if he was real

The Shadow seemed to be painted on with a
thick brush
The spit shine of the horn blinded me back to
the crowd
Back to the red dress
She radiated a shine as blinding as the horn
I gazed back at my lonely glass of freedom
Is it worth it...
With a note of silence the crowd stopped and a
path like the Red Sea opened for me
The end of the trail was the red dress
My salvation
I went the distance and ended up at her ear
I leaned in and spread my whisper upon her as
if I was covering her with a blanket
She turned and slapped me with her beauty
As the air filled with notes of passion she began
to speak
I bent in to get a second chance and she turned
back to the devil behind his layer
I noticed his eyes were fixed on my heartbeat
I opened my mouth
And I spoke... Betop Bubu bady dadup
And my message was clear
With a slight hesitation I walked back to my
corner alone
And noticed that the shadow that was painted
on him so well had faded
But to the rest, was still present
He gave me a look of spirit as he continued to
jazz up the night
And saw that my hair was in the same style as
it had been for the nights before
I looked back to the failed manufaction
and started back to my table
Alone
I reached the dark
And sat in my casket
I looked over to the man with the golden tongue
and returned a second later to the short glass
of freedom
At last I looked over to the Red dress and came
back to home
I am alone
The end will be near
But for some reason it feels ok because of the
Charlie Parker inside of him

Bush Encourages Volunteerism

By Christina Tantillo
Features Editor

Those of you who tuned in to the State of the Union Address last Thursday listened to President George W. Bush talk about many of the things that are common in such addresses. Bush discussed the recession, terrorism, as well as a program that is more unique - his faith-based initiative.

Bush described the way to fight evil as volunteerism. He announced the formation of the United States Freedom Corps and called on all americans to donate 4,000 hours of time over the course of their lives to Community Service. He believes that this is the best way to fight against the evils of terrorism.

Last week, the Spectrum highlighted several volunteer opportunities that students have right at this university - through Campus Ministry.

Angela Paulone, a Graduate Assistant from Waterbury commented that she is "glad that we were able to get

out the word and promote our activities."

Of Bush's recommendations she added, "[Community Service] was always important. Whether the president says so or not," she said. She commends the students who put forth much of their time and adds that "it would be great if more students could get involved."

She describes the benefits of community service as a "two way street. You help people and in turn get to know yourself better."

"When you do community service you become happier and that emanates through you throughout the day and that helps you as you come in contact with people."

After the events of September 11, it is more important than ever to keep morale high.

The best way to fight terrorism is to help people. By giving a little bit of your time and energy you will give a lot to the people around you even if you are not the US President.



A&E

Arts & Entertainment

Hey guys! Got \$300 to spend?

By Samantha E. DeVita
Contributing Writer

What was on every guy's wish list for this past Christmas? Take a look around your dorm rooms and apartments, and you will see them crowded around a Play Station 2, X-Box, or Game Cube gaming system. So what's all the fuss?

Well, I got to live out every guys fantasy and sit and play with all three of these systems and a bunch of the hot new games for an entire day! Grand Theft Auto 3, Madden 2002, and NBA Courtside were just a few of the games I got my hands on, and with a little help, and hours of practice, it became addicting! Here's a little help in deciding whether to up grade, trade in, or blow \$299.99 dollars.

There are many similar attributes to each of the gaming systems, but they are still different in their own special way. Out of the three systems, the prevailing best seller this past holiday season (as reported by Microsoft and Best Buy) was the up and coming X-Box.

This box has everything a gamer wants and wraps itself up in a compact system no bigger than a laptop. The main bonus here is that it acts not only as a playing system, but you can watch DVD's with amazing clarity, and the best...there is an Internet connection that also

comes with the system. Not only can you play your favorite games, but also you can check your e-mail at the same time! The one draw back: Microsoft did not in any way anticipate the X-Box being as popular as it's rivals, thus there are fewer games on the market right now. The Box is geared toward the teen and early adult crowd, who can truly appreciate it's multi-tasking excellence and graphics, awesome appearance, and quality. The X-box will run you about \$299.99 plus tax of course, and the cost of games.

Second place goes to Play Station 2, whose backwards-compatible system makes the cost of owning it a little cheaper. Designed to play the previous PS One games, the system also gives gamers the option of watching a movie on the system, but the clarity and performance was outshined by the X-Box when put up against each other. For the same price of almost three hundred dollars, PS2 offers the most variety of games on the market right now, and one very cool feature: A dual shock analog controller that allows the gamer to literally "feel" the impact of a tackle, a basket, or a car crash.

The movie quality here is decent, but in the long run, PS2 falls short in performance to the X-Box, yet it out does Nintendo's new protege.

The least expensive and most constricted gaming system

of all three on the market is Nintendo's Game Cube. Although geared for a younger crowd, with the multi-colored tiny little cube, this system is the only one that is restricted to just game play. Peaking at \$249.99, GC allows you to excel in a gaming environment geared toward T.V. game play.

Although compatible with Game Boy Advance games, the graphics here are a bit on the hazier side out of all three, but the one nice feature is you can pick what color you want the box to be. So, you can't get online, or watch movies, but at least it looks good right?

Ok, here was the best part...the games. First place goes to Grand Theft Auto 3, whose extremely mature role-playing has banned the game from certain stores carrying gaming systems. But who doesn't like a little role-playing? Between the car-jacking, the racing around, the guns, and being a mob boss, there is endless amounts of entertainment. Again, the only problem here is that it is rated M for Mature, so it is obviously not for the little ones.

Madden 2002 came in next for all the sports fans, where the dual shock analog controller came in handy when the player gets hit. This was a nice little surprise, and there are many other great features that came out with this year's version. The players are more life

like, including actual real player stats, their facial expressions, and even their attitudes.

You are also able to change the course and playbook of the team you selected and have the option of playing in any weather condition you chose. Another little perk is that all 31 of the NFL teams are commented on throughout the game, and there is also the option of instant replay and different viewing modes.

Last, but not least, NBA Courtside 2002 is another favorite. This newer version is a lot better than last years, and like Madden, there are many new features that make playing extra fun.

There are new courts, seamless commentary throughout the play, and more fluid moves for the players. The facial expressions and attitudes are also modeled after the real players, which adds to the fun of the games.

All of the games run about \$49.99, so including the cost of



So, who has the best video game system around?

the system, and any other little extras like memory cards and controllers, the end could run you up to almost four hundred dollars in one shot. But, it is definitely worth every penny for all the time it takes to really get good at a game.

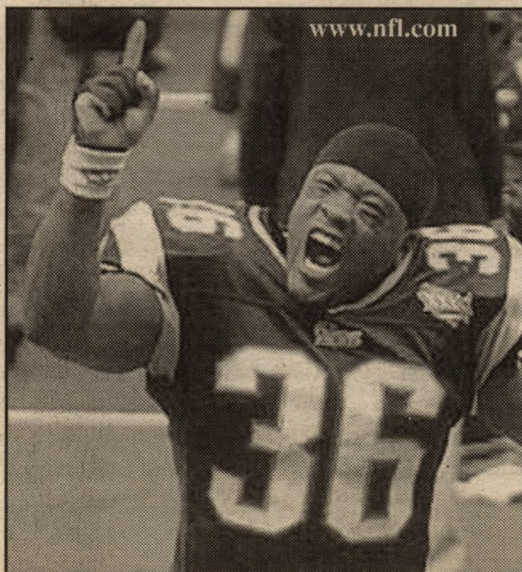
So, one last review here...Microsoft's X-Box is the best for long term ownership, letting you not only game, but watch DVD's with the best clarity, and it even lets you get on the Internet.

Play Station two offers the movie option, and the most variety of games on the market. And lastly is the just-for-gamers Nintendo Game Cube, which comes in a bunch of different colors, and it also compatible with GBA games.

So get your three hundred dollars together and trade it, up grade or buy one of the hottest genres of entertainment out there today.

And the ratings winners are?

By John J. Ruggiero
A & E Editor



Who really won the ratings battle this year? every American

SuperBowl XXXVI might have been the most exciting SuperBowl of all-time, but the ratings are in and some should be disappointed that they didn't tune in.

This year's SuperBowl drew a rating of 40, with a share of 60, which in fact is almost identical to last year's SuperBowl rating.

With all that happened since September, along with the American tribute that the FOX channel displayed you would think that almost

would have tuned in for this year's game? Not so the case.

As far as the over-hyped commercials are concerned, and to best describe them, they all were in a category of their own.

It was without a doubt a tough year to make a commercial "tasteworthy", but none the less, the commercials did entertain.

This year FOX had the honor of televising the year's big game along with their 1.9 million dollar charge for a 30 second add. But that didn't stop most companies from buying the add space.

I've rated the best of this year's crop of commercials.

Write back to me at the Spectrum newspaper and tell me what you think. and tell me what commercial was your favorite.

The Top Ten SuperBowl XXXVI Commercials:

10. VISA - 6 Degrees of Kevin Bacon
9. M & M - Candy on your pillow.
8. Budweiser - How you doin stranger?
7. Pepsi - Britney Spears' generations.
6. Scorpion King preview starring the Rock (Just because the Rock rules)
5. Tie - VISA Track meet - Jason Sehorn v. Lightning Bolt v. John Andretti v. Michael Johnson Budweiser - The stealing falcon.
4. Tie - Budweiser- How much?
Budweiser - Guy buying girlfriend love card w/ beer. Both are must sees, hilarious. True.
- The best three commercials...**
3. Anheiser Busch --The bowling Clydesdales.
2. Charles Schwab - Barry Bonds & Hank Aaron
- And the winner is...**
1. E-trade.com - Monkey flops.

The musical monkey. Sorry, no silk sheets!

Political Entertainment: Part 1

By **Brandon M. Graham**
Contributing Writer

It seems rather odd that politics is taken so seriously. The social institution that distributes power, sets a society's agenda, and makes decisions can be simply coined into a term "make believe".

The term connotes the playful fantasies of our childhood, a peasant way of pretending.

But in a world created by movies and television, make-believe takes on a more serious meaning. In some way or other, many people come to believe the fictional things they see on the big and little screens.

The entertainment media are the make-believe media; they make us believe.

Today, very little of this make-believe media is taken from our story telling and fable with some moral value, very little from our own dramas of our own lives and own dreams.

Instead we have multi-billion-dollar industries of Hollywood and television to fill our minds with prefabricated images and themes, nor are these just idle distractions.

I will argue that such images often have real ideological content.

Worse still, they discourage any critical perception of the great and sometimes awful real-

ities of our lives and sociopolitical system, implanting safe and superficial pictures in our heads.

Even if supposedly apolitical in its intent, the entertainment industry is political in its impact.

When the media gives us something; it is neither wholly political, nor wholly entertainment.

It is a hybrid of a sort, therefore, being labeled as "political entertainment." The entertainment aspect of the term, political entertainment, is all that more ensnaring, or should I use the terms soothing.

Forget not that Big Brother has artfully instilled in us that it is all right to be entertained. Beliefs are less likely to be preached than assumed.

Woven into the story line and into line the characterizations, they are perceived as entertainment rather than as political judgment about the world.

Politics is the greatest spectator sport in America. Sports have grown over the years and have become very influential in the terms of how and what we buy.

It has lent itself as a prominent form of entertainment without any strings attached.

Often times we have these prominent sports figures selling us anything from a specialty shoe to which cereal to we should choose.

Politics can be linked to sports because we all are specta-

tors of these events.

However, in dealing with politics it can become very difficult to find clearly define what exactly is the standard of excellence.

Because in politics the idea is not the pursue excellence, but to appear as if you are "make-believe".

The element of pretending is running rampant in our country today, undermining the cultural values of honesty, clarity, and excellence.

Examples of this can be seen in the homes of most American on boxes that sit in our living rooms, dining rooms, and for some even in our kitchens.

The television commercial is the most peculiar and pervasive form of communication to issue forth ideas that may be safely assume, therefore, that the television commercial has profoundly influenced America habits of thought.

In a country that believes in the capitalist system we are being influenced to by products and services through television commercials.

Companies have put such a great emphasis on how they can reach customers, instead of concentrating on how to improve their products or services.

Of late these companies are pouring a massive amount of money into market research, and less into product research.

This illustrates the point that sellers are more concern

with the quantity of production and sells, oppose to the value and quality products and services being sold.

When watching a commercial we are being sold a solution; rather than being posed with a question or a problem. Within commercial, the actor (or to be playfully correct: pretenders) may acknowledge a problem or may even pose a question to the audience.

However, within the next 5-10 seconds; they are assuring you that the product or service will sufficiently provide the perfect solution to all of your problems.

And through the use of the television we have found another information pathway, which enables us to become lazy and not to stimulate our brains.

Television does not ban books, it simply displaces them. I believe that we are less fearful of the government and of the political restraints that it has tried to cast onto us as a people.

Only of late have we been invited back to be playfully entertained by the cinema, which has shown movies that illustrates the power of the government (Enemy of the State).

Even these Sprite commercial that playfully illustrate that the syndicate is watching us (somewhat reminiscent of George

Orwell's novel, 1984).

A lot of societies and governments are trying to be God and wishing that they were God.

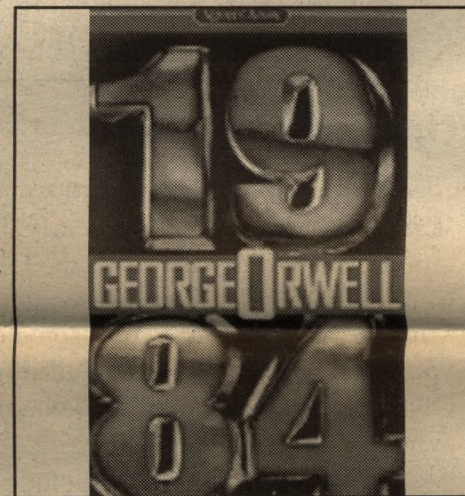
Perhaps better known as having a "God Complex."

They want to create satellites and place cameras everywhere to make you think that they have the "All Seeing Eye."

This is an attempt to put some fear in the hearts of the public.

Let us not forget the Hollywood craze of the production of these movies with alien invasions (Aliens, Men in Black, The Arrival, Independence Day just to name a few).

If we have learned from motion pictures and television dramas that alien forces are forever threaten our nation, then we are more apt to support increased military spending and CIA intervention.



George Orwell's "1984" tells all.

Field's bedroom eyes

By **Erik Hanson**
Contributing Writer

Todd Field never received the attention as an actor that he has gotten with the buzz surrounding his directorial debut "In the Bedroom".

After appearing as a supporting character in films Twister and Eyes Wide Shut, he made the transition to directing with flying colors.

"In the Bedroom" takes place during a summer in Maine following the Fowler family. Frank, the son, played by Nick Stahl (The Man Without a Face), raises eyebrows in town when he strikes up a fling with Natalie, a single mother played by Marisa Tomei.

Frank's parents are polar opposites. Matt Fowler, played by Tom Wilkinson (Shakespeare in Love), is the town doctor who seems to get a kick out of his son's talent for wooing the ladies.

Ruth Fowler, a choir teacher, played by Sissy Spacek, is the overprotective mother who cares more about her son's future than his immediate happiness.

When Frank insists that the relationship is just like his other flings, he shows up home one

day with a battered face courtesy of Natalie's ex-husband.

The parents react quite differently to the situation: the father wishes he got in a good punch and the mother wants to call the cops and press charges.

This would be the time where the wrong decision will

affect their lives for good. And it does.

After tragedy strikes the town, do we see the emotional baggage and pain that a family must endure to move on with their lives. Can they?

Field's direction relies on capturing the inane moments of

our lives to let the drama overlap each other to allow the emotional fireworks to explode at a later moment.

Field omits the Hollywood technique of the tear-jerking scene, and allows his actors to translate their emotions with a simple gesture or expression.

Sissy Spacek already nabbed a Golden Globe win for her role and rightly so, but I wondered why on earth was Tom Wilkinson snubbed?

Wilkinson gives the film a level of compassion mixed with anger as he wonders what he must do to give him self a sense of piece in the world.

He plays the dad you wish you could have and to see him beaten emotionally really strikes a chord with the viewer.

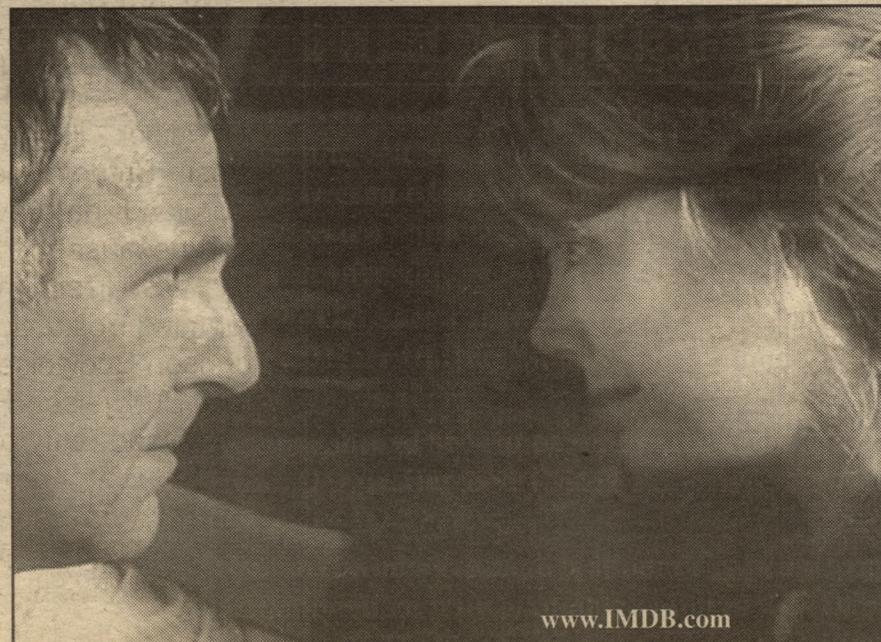
A scene to look for has Wilkinson and Spacek battling each other over who is a better parent and person.

The acting here is like nothing you will see this year, and it's enough to make the hair on your arms stand up.

If you are a fan of a gripping drama that relies on human emotion to carry the film, this film will not, I repeat not, disappoint you.

Field has directed a marvelous piece of drama that makes me want to believe he will not be a one hit wonder.

If I had my wish, Wilkinson and Spacek would be standing in front of a podium accepting the best acting awards on Oscar night.



Sissy Spacek gives a great performance in "In the Bedroom".

www.IMDB.com

Olympics

COUNTDOWN
TO THE GAMES**February 8**

Opening Ceremony, Ski Jumping

February 9Freestyle Moguls, Cross-Country, Ski Jumping
Speed Skating, Ice Hockey, Figure Skating**February 10**Ski Jumping, Downhill, Luge, Nordic Combined
Snowboarding, Speed Skating, Ice Hockey**February 11**Curling, Luge, Downhill, Snowboarding, Biathlon
Ice Hockey, Speed Skating, Figure Skating**February 12**Ski Jumping, Curling, Freestyle Moguls
Cross-Country, Ice Hockey, Speed Skating
Luge, Figure Skating**February 13**Ski Jumping, Curling, Combined Downhill, Luge
Biathlon, Ice Hockey, Speed Skating, Short Track**February 14**Curling, Cross-Country, Nordic Combined
Snowboarding, Speed Skating, Figure Skating
Combined Downhill, Ice Hockey**Opening Ceremony**

On the evening of 8 February 2002, Utah will step onto the world stage. Nearly 3.5 billion people around the world will watch the Opening Ceremonies of the Olympic Winter Games of 2002. Millions of spectators will also be entertained by a variety of on-site performers throughout 17 days of Olympic competition and 9 days of the Paralympic Winter Games.

Headliner groups will include Dixie Chicks, LeAnn Rimes, Rita Coolidge and Walela, Robbie Robertson, Sting and Yo-Yo Ma.

'(This) promises to be the show of a lifetime,' said Mitt Romney, SLOC President & CEO.

New events added to the Olympic Program in time for the 2002 Games

The most unusual is the sport of skeleton, which last was included in the Olympics in 1948.

Skeleton is like luge in that the object is to steer your sled down an icy, curved course as fast as possible. But in skeleton the athletes go down headfirst. Skeleton was invented in St. Moritz, Switzerland, and a men's event was added to the program both times the Olympic Winter Games were staged in St. Moritz — in 1928 and 1948. In 2002, men's and women's events will be contested.

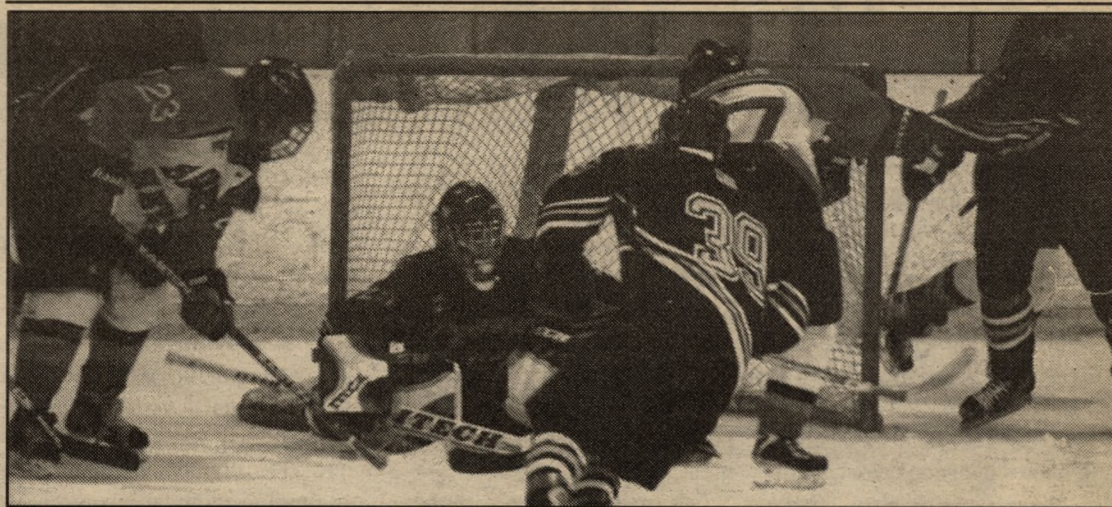
Bobsleigh was one of the original Olympic Winter Games sports in 1924 and has been included every time since then, with the exception of the 1960 Squaw Valley Games. In Salt Lake City, a women's bobsleigh event will be added for the first time.



Photos from NY Times



Men's Ice Hockey

**Icemen still on playoff hunt**By Keri Blair
Sports Editor

Sacred Heart is tied for fourth place with Iona and Canisius after this weekend's competition with Quinnipiac College. SHU faces a serious upcoming weekend against first place Mercyhurst and Canisius. If the Pioneers can get four points this weekend they can advance to second place in the MAAC, if they fail to take any points they may drop to seventh in the standings.

The Pioneers are confident in their abilities to win both home games this week. Their style of play this year shows strong play against big teams and they are solid when defending home ice.

Friday SHU traveled north to battle the Braves. Quinnipiac was able to get a luck goal and win 4-3.

SHU and QC both scored in the first. The Pioneers power play unit clicked as Mike Reagan hit Martin Paquet with a pass.

The second period saw many incorrect off-side calls on the Pioneers which hindered their ability to set up an offense, however, Garrett Larson was able to score for the Pioneers early in the period. The Braves scored two minutes later and the score remained tied going into the third.

QC scored on a power play under a minute into the final period of play. Marc-Andre Fournier would answer back for SHU but that would be all. QC scored the game winning goal at 12:07.

Goaltender Eddy Ferhi recorded 25 saves.



Hawkes scoring game-tying goal Saturday

Saturday the Pioneers returned home and were able to skate to a 1-1 tie against QC.

The Braves scored first at 2:28 in the second period. SHU would also score their goal in the second. Konn Hawkes scored with assists going to Les Hrapchak and Chuck Metcalfe. Neither team was able to light the lamp in overtime.

SHU plays back to back home games this weekend and both games will be hard hitting attempts to gain points as the run for the playoffs begins to narrow down.

On the Road to March Madness**Men's Basketball**

SHU in eight place with win over Mt. St. Mary's. Next competitors seen as easy opposition for SHU and three wins will guarantee the Pioneers a playoff spot.

Women's basketball

SHU holds second place in standings and looks at definite chance of making an NCAA playoff run. Next game is at home against Mount St. Mary's Saturday at 2 p.m.

Men's Ice Hockey

SHU tied for fourth place with Canisius and Iona. How SHU plays this weekend could advance them to 2nd or drop them to 7th. Top eight teams play in 1st round of playoffs.

Fans support the Pioneers as playoff contest nears**Sports Schedule****Tonight**

Men's Hoops
@LIU
7 p.m.

Friday

Men's Ice Hockey
vs. Mercyhurst
7:00 p.m.

Women's Ice Hockey
vs. St. Michael's
1 p.m.

Friday Cont.

Men's Hoops
@St Francis
2 p.m.

Wrestling
@ Binghamton
7 p.m.

Women's Hoops
vs. Mt. St. Mary's
2 p.m.

Saturday

Men's Ice Hockey
vs. Canisius
5p.m.

Women's Ice Hockey
vs. RIP
3 p.m.



Men's Basketball

Men in playoff position with 79-57 win over the Mount



Continued from page 12

senior forward was clearly upset by the lack of intensity shown by his teammates.

"We have guys on this team that only play half the time they are out there," Welch said. "Even though we're young that's not an excuse," he would add.

Sophomore Maurice Bailey who was nursing a sore left hand was held to 14 points five below his league 19 point's per-game average. Senior Andrew Hunter (Scarborough, Ont) added 12 points to round out the double-digit scorers in the loss.

Welch must have reiterated this message to his teammates in

practice on Sunday, as Pioneer basketball got back on track with a 79-57 win Monday night over Mount St. Mary's.

Today the men travel south on I95 to take on the Black Birds of Long Island University, the 11th place team in the conference. On Sat. the men make a return trip to the NYC to take on the number two team in the conference, the Terriers of St. Francis (NY).

NOTEBOOK

During the Pioneers season high five game losing streak the men have committed 104 turnovers, an average of 20.8 per game.

With the win on Monday the Pioneers took control of the eighth place in the conference. This is important because only eight teams make the conference tournament. The men now control their own destiny with seven games left to play. Three of those opponents are below them in the standing LIU (the play twice), and Mount St. Mary's; while a fourth Quinnipiac, is only one game ahead of the Pioneers in the standings, but they beat SHU by 12 points when the met in early January. If the Pioneers expect to make the Conference tournament in their first season of eligibility they would likely have to win these games.

In other news senior forward Andrew Hunter is approaching the 1,000-point plateau for his career. Currently he is at 977 and needs just to average 3.1 point over the final seven games to become the twenty-first player in Pioneer history to reach that milestone.

Cucolo and Reynolds: co-captain standouts

By Mike Di Pietro
staff Writer

Junior co-captain Jason Cucolo (Milford, CT), competing at the 133 pound weight class has been strong the entire dual-meet season. Cucolo moved up the Colonial Athletic Association (CAA) ranks beginning as a non-seeded wrestler and currently sits at the #1 spot of the 12-team conference.

Junior co-captain Anthony Reynolds (Farmington, CT), who competes at 197 lbs., suffered a few losses this week in which he must battle back from. Reynolds lost to a very tough, underestimated Navy wrestler, in on January 26th, though not all was lost for Reynolds. He went on to defeat Drexel's Chris Jones for the second time this year in a narrow 8-7 victory. Jones was ranked #18 nationally, in the Amateur Wrestling Poll.

On Saturday January 23rd the Pioneers traveled to North Penn High School in Lansdale, PA, to face conference favorites Drexel University and Navy. Although the Sacred Heart Team lost in both meets, the positives far out weighed the negatives brought on by the team losses. First, SHU faced a very strong

Drexel squad who appears to be the front runner for the CAA conference title. The Pioneers battled their way to a 16-25 loss.

Cucolo defeated the #2 CAA Drexel wrestler, Tommy Howe, (Danbury, CT) defeated Heverly of Drexel the #2 CAA wrestler and Rob Belville came to life with a 12-4 victory over Jason Staso (#2 CAA).

In the following match the

**SHU holds 5-5
overall dual
meet record**

SHU team seemed to struggle to maintain the intensity of the previous conference match and had difficulty getting back into the groove against the Naval Academy. The final score was the Pioneers 12 and Navy 33. Winners included Cucolo (133), Justin Iannello (149) and Belville (157).

In the next non-conference match up on Tuesday January 29th, the Pioneers took to the mat against American International College in Springfield, MA. The SHU squad after a 33-3 victory holds a 5-5 overall dual meet record. Winners for the Sacred Heart Grapplers included Cucolo (133), Howe (141), Iannello (149), Belville (157), Joe

Majocha (165), Wayne Oakley (174), Aaron Torres (197) and John Miller (285).

The most exciting event of the week came when Anthony Reynolds competed in the NWCA All-Star Classic. Reynolds was matched against the #9 seed, Hofstra's Chris Skretkowicz. Before a near sell out crowd, Reynolds took to the mat in order to avenge an earlier season loss at the Hofstra.

Although Reynolds would appear to be at a disadvantage in front of a Hofstra friendly crowd, quite the opposite was true. Reynolds took to the mat and the fans erupted in support of the Connecticut native.

The other Sacred Heart fans in the stands enthusiastically cheered on their favorite. Reynolds lost in a narrow 1-2 decision, which kept the fans on edge of their seats for the entire match.

After the match Coach Reardon said, "Hey, this was a no loose situation for Anthony. If he beat him, great, they now are 1-1 against each other. The real question is who will be better prepared in March when it really counts."

Reynolds overall record is 24-4 and he is currently 8-2 in dual meets.

Superbowl

Super Bowl finally lives up to name

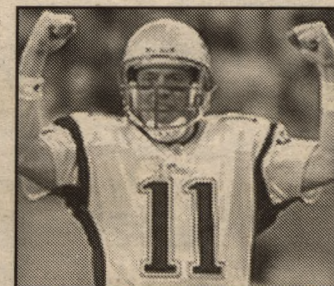
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They also managed to garner two turnovers that both eventually led to Patriot scores. Ty Law's interception for a touchdown to take the lead set the tone for the game.

With a patriotic effort from the Patriots defensive line, the Pats were able to keep Kurt Warner out of his rhythm by registering 3 sacks and multiple hits on the quarterback. Their impressive effort enabled the Patriots to keep their nickel and dime packages on the field throughout the course of the game, to help delete the Rams aerial assault.

Despite being down 14-3 at the half, the Rams managed to tie the game at 17 with a little more than a minute remaining on the clock. A pass from Kurt Warner to Ricky Proehl who took a short dive into the end-zone put the nation on the edge of it's seat.

With no time outs remaining and approximately 50 yards to reach Vinatieri's comfort zone, Tom Brady took the helm and orchestrated an eight play, 53-yard drive that ultimately rendered the final score. Leaving much of the nation



Newsday AP Photo

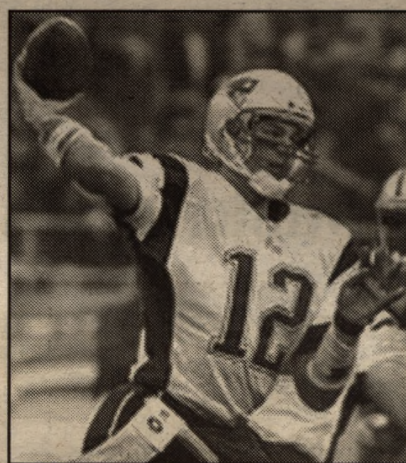
speechless, as the New England Patriots defeated a team on the final play from scrimmage, that had only dropped two contests the entire season, and was expected to blow them out.

The Patriot's were led this year by rookie sensation Tom Brady, who it turns out is the youngest quarterback to ever win a Super Bowl. Not to shabby considering he was asked to fill the 100 Million dollar shoes of former starting QB, and future free agent Drew Bledsoe who suffered a collapsed lung early in the season. Brady's emergence this year has left many Pat's fans asking the question. "Drew Who?"

SHU Football's very own field goal kicker Tim Redican was asked to comment on Vinatieri's 48-yard boot to clinch the victory. "It was an immaculate kick. It had the height, it had the distance and it split the uprights. It doesn't get any better than that." Redican said with a smile on his face.

Vinitieri had been more than reliable for the Pats throughout the course of the season completing 41 field goals, his career high.

For those of us who never thought the Patriots would bring a title into our backyards, the unbelievable is now believable. Hell has frozen over, and with a touch of red white and blue.



Newsday AP Photo

SHU Bowling

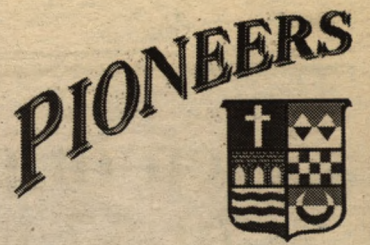
Congratulations to the SHU women's bowling team as they locked up the Eastern Intercollegiate Bowling Conference Championship by winning the first two games of the final conference match on Saturday. In addition to being conference champions, some players were recognized with individual awards.

Most Valuable Player-Jody Fisher, senior
Rookie of the Year-Nicole Peloquin, freshman
First team all-conference-Fisher, Peloquin, Alexis Lepore, Dee Tchir
Second team all-conference-Chrissy Rockett, Katie Atkins, Carolyn Rich
Most Points Won-Fisher, with 21 out of 24
High Game-Fisher with 278
High 6-game Series-Fisher with 1353

SHU advance to Sectionals March 23-24, which is thier qualifier for going to Nationals.



Sports



Men's Snap Streak with home win: Playoff Berth in Grasp

By LaMar Kennedy
Staff Writer

The Pioneer basketball team ended their winless streak at the Pitt Center Monday night with a 79-57 win over Mount St. Mary's.

The Mountaineers were held to 30% shooting on 19-63 shooting, including 4-21 from behind the three-point line. SHU shot 53% from the field, while also dominating the rebounding battle 49-32.

Tim Welch grabbed a game high 12 rebounds, giving him 32 in the last three games. Maurice Bailey once again led SHU in scoring with 14 points; Omar Wellington (Pennsauken, NJ) and Chris Assel (Eagan, MN) scored thirteen points each as Andrew Hunter rounded out the double figure scorers with twelve points.

Last Wednesday the Pioneers played NorthEast Conference foe Wagner. In the Pioneers first meeting with Wagner they played good enough to win, but lost thanks to a buzzer beating lay up by guard Courtney Pritchard with 0.2 seconds left to go in the game to

steal the win. But on Wednesday night, the second meeting of the season between the teams, the number two team in the conference, Wagner, was simply too much for SHU to handle on the road, handing the Pioneers a 95-74 loss.

Sacred Heart was never really in this game as Wagner sprinted out to a 26 point half time lead, 59-33. This was mainly due to the twenty-seven turnovers forced by the Seahawks during the game.

Senior Tim Welch (Narragansett, RI) grabbed a game high 10 rebounds and added 10 points in the loss. Rider transfer sophomore guard Maurice Bailey (Hempstead, NY) lead the Pioneers in scoring for the 12th straight time since joining the team with 17, but only scored two points in the second half.

The Pioneers returned home on Saturday to face the University of Maryland at Baltimore County.

The crowd of 593 spectators witnessed a first half that they many would just as soon forget including head coach Dave Bike, as UMBC took a 33-19 lead at the break.

"We were lucky we were down fourteen," said coach Bike, when asked about his team's first half performance.

Turnovers once again played a major factor in the outcome of this game as Heart committed thirteen in the first half; that led to 12 UMBC points. But it was the poor shooting that was the dagger in the heart, as SHU shot 23% on 7-30 shooting in the first half, including 0-6 from behind the three point line.

The shooting did not get much better in the second half as the team shot 35% on 13-37 shooting, going 2-12 from behind the arc.

SHU did cut down on their turnovers in the second period committing only five. But the half time deficit was just too much to overcome as UMBC's leading scorer Peter Mulligan scored all of his game high 16 points in the second half.

Senior Tim Welch recorded his second consecutive double-double, scoring 10 point and grabbing 10 rebounds. But the

*See Men's B-Ball
page 11*



Leslie Newhard

Women on MSG: Newhard closing in on 1,000

By LaMar Kennedy

The women looked to avenge a ten-point loss to Wagner last night their televised contest on the Madison Square Garden network. The game is part of a double header of NorthEast Conference women's basketball that will be shown on MSG. The Seahawks currently are the number three team in the NEC. Trailing the Pioneers by two games in the standings the Seahawks are out to prove that their early season win over the Pioneers was not a fluke. But the Seahawks will be facing a very different Pioneer team this time around. Led by junior Brooke Kelly (Medford, NJ) who has been averaging 19 points per-game over the last six games.

On Saturday, February 2, the Pioneers traveled to Boylan gymnasium in West Long Branch, NJ to take on Monmouth University. In their first meeting of the season in front of a crowd of 2069, the Pioneers demonstrated why they were picked as the pre-season favorite as they jumped out to a 39-19 half time lead. This was due to one of their best defensive efforts of the season as they held Monmouth to 22% shooting in the first half as well as the entire game.

The Pioneers shot 54% on 6-11 shooting from behind the three-point line in the first half. Junior guard Ashley Durmer (Nashua, NH) led the three-point barrage on 4-7 shooting from behind the line, in route to scoring a game high 16 points on 6-12 shooting. Junior forward Brook Rutnik (Albany, NY) recorded a double-double, scoring ten points and grabbing ten rebounds. Freshman guard Allie Bagnell (Newtown, PA) added ten points and seven rebounds in the win. While Leslie Newhard (Northampton, PA) grabbed a game high 14 rebounds, adding nine points. This effort brought Newhard to 957 career points, she needs just 43 more point over the next six games to reach 1,000 for here career. She would be the one of the first Pioneers in school history to achieve this feat since the school started competing on a Division I level, three years ago.

On Thursday, Jan. 31 the women dropped a 64-60 decision on the road to Fairleigh Dickinson.

Next up for the Pioneers is a home game on Saturday Feb. 9, against Mount St. Mary's. Tip time is scheduled for 2 p.m.

SHU fans bask in Patriotic win

By Kyle St. George

This past Sunday the New England Patriots squared off against the St. Louis Rams, in what can accurately be described as an exhilarating game. With an effort that defined the true meaning of determination, the Patriots upended the

Rams 20-17. Thanks to a game ending field goal, which was fired through the uprights by Pats kicker Adam Vinitieri with only seven seconds remaining on the contest clock, the Patriots were able to seal their very first Super Bowl victory.

For Patriot fans that had seen their team drubbed during it's two previous attempts at the world title, it was a sigh of relief.

Avid Patriot fan and SHU Junior, Dave Appleton was more than excited about his teams



Newsday, Inc. AP Photo
Rams receiver Isaac Bruce dives into the end zone with a touchdown reception from quarterback Kurt Warner

nail biting victory.

"Unbelievable...just unbelievable." Appleton exclaimed as he watched the post game festivities while decked out in a Lawyer Milloy jersey.

Appleton was joined by several of his friends and fellow Pats fans, which all agreed it was a fantastic season for the

Patriots.

Fantastic indeed. The Patriots, who were considerable underdogs going into the contest, held the potent Rams offense to a mere three points in the first half. An exceptional effort by the Pats secondary, led by veterans Ty Law and Otis Smith, virtually shutdown the most potent passing attack in the league.

See Super Bowl Page 11

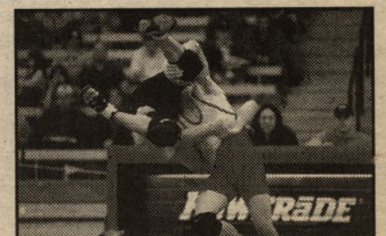
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Newsday, Inc. AP Photo

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Reynolds in NWCA
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